

# BOX LUNCH MENU

Nashville, Tennessee

615-873-1661 | APPLESPICE.COM



## CLASSIC

\$14.00

Served with:

- Potato Chips
- Dill Pickle
- Cookie
- Mint

Sub Potato Chips:

- Carrot Chips - \$.50

## DELUXE

\$16.00

Served with:

- Potato Chips
- Dill Pickle
- Cookie
- Mint

And your choice of:

- Carrot Chips
- Pasta Salad
- Potato Salad
- Frogeye Salad\*
- Fresh Fruit

## EXECUTIVE

\$19.00

Served with:

- Potato Chips
- Carrot Chips
- Dill Pickle
- Cheesecake
- Mint

And your choice of:

- Pasta Salad
- Potato Salad
- Frogeye Salad\*
- Fresh Fruit

Substitute gluten-free bread +\$2.50 · Add extra meat +\$4.00

Make it a Gluten Free Box +\$3.50 (Gluten free bread and dessert)

\*A sweet custard side salad with whipped cream, mandarin oranges, pineapple, and acini di pepe pasta.

## WRAPS

### TURKEY BACON RANCH | Wrap | +\$2.00

Oven-roasted turkey, Swiss cheese, bacon, tomato, and lettuce with ranch dressing.

### SOUTHWEST CHICKEN | Wrap | +\$2.00

Grilled chicken breast, corn, black beans, tortilla strips, cheddar cheese, lettuce, and avocado with barbeque ranch dressing.

### CHICKEN CAESAR | Wrap | +\$2.00

Tender chicken breast, Caesar dressing, romaine lettuce, and parmesan cheese.

### BUFFALO CHICKEN | Wrap | +\$2.00

Buffalo chicken salad with bleu cheese crumbles and lettuce.

## COMBO MEALS \$16.50

### 1. SANDWICH & SALAD COMBO

Choose any Half Sandwich & a Half Salad. Served with a cookie.

### 2. SANDWICH & SOUP COMBO

Choose any Half Sandwich & a Cup of Soup

Served with a pickle and a cookie.

### 3. SALAD & SOUP COMBO

Choose any Half Salad & a Cup of Soup

Comes with 2 slices of bread, cinnamon honey butter, and a cookie.

## SANDWICHES

Prepared on freshly baked bread as listed below, unless otherwise specified.

Mustard, mayo, and sandwich sauce on the side.

Add Bacon +\$2.00 Add Avocado +\$2.00

### TURKEY AND SWISS | Honey Wheat

Oven-roasted turkey breast with Swiss cheese, lettuce, and our signature sauce.

Add cranberry sauce +\$.50 · Add cran-peño sauce +\$.50

### HAM AND HAVARTI | Sourdough

Cured ham and Havarti cheese with green leaf lettuce and our signature sauce.

### ROAST BEEF & PROVOLONE | 13-Grain | +\$.75

Lean roast beef and provolone cheese with Dijon horseradish sauce.

### TRIO CLASSIC | 13-Grain

A trio of thinly sliced meats including cured ham, roasted turkey, lean roast beef, with lettuce, Swiss cheese, and our signature sauce.

### EGG SALAD | Sourdough

Our famous egg salad topped with Swiss cheese and avocado on crisp lettuce.

### ALBACORE TUNA | Sourdough

The best fancy white albacore tuna with Swiss cheese on crisp lettuce.

### VEGETARIAN | 13-Grain | +\$2.00

Mushrooms, cucumbers, vine-ripened tomatoes, sprouts, bell peppers, and avocados on lettuce with cheddar cheese and pesto mayonnaise.

### BLT AVOCADO | Honey Wheat | +\$2.00

The ultimate BLT piled high with bacon, lettuce, tomato, Swiss cheese, avocado, sprouts, and our signature sauce.

### TURKEY AVOCADO | Honey Wheat | +\$2.00

Oven-roasted turkey breast topped with avocado, sprouts, Swiss cheese, lettuce, and our signature sauce.

Add cranberry sauce +\$.50 · Add cran-peño sauce +\$.50

### CASHEW CHICKEN | Sourdough | +\$.75

Tender chicken breast blended with mayonnaise, sweet celery, and onions on lettuce, topped with cashews.

### GRANNY APPLE TURKEY | Honey Wheat | +\$2.00

Tangy sliced green apples, Havarti cheese, lettuce, and our famous apple cider vinaigrette dressing on top of our oven roasted turkey breast.

### STRAWBERRY GRILLED CHICKEN | +\$2.00

Sourdough

Grilled chicken breast with sweet strawberries, Vidalia onion mayonnaise, lettuce, and Swiss cheese.

### CAFÉ CLUB | Honey Wheat | +\$2.00

Cured ham, oven-roasted turkey breast, crispy bacon, lettuce, and cheddar cheese with our signature sauce.

### CHICKEN BACON RANCH | Sourdough | +\$.75

Chicken salad mixed with ranch dressing, shredded cheese, and bacon, on crisp lettuce.

### NEW CHIPOTLE CHICKEN | Sourdough | +\$2.00

Chipotle seasoned chicken with tomatoes, lettuce, pepper jack cheese, and chipotle mayonnaise.

### THE ITALIAN | Sourdough Bread

Salami, pepperoni, ham, provolone cheese, pepperoncini, tomatoes, green leaf lettuce and Vidalia onion mayonnaise.

### NEW GRILLED CHICKEN CLUB | 13-Grain | +\$2.00

Grilled chicken, tomatoes, cheddar cheese, bacon, green leaf lettuce, and our signature sauce.

### NEW TURKEY BACON JACK | Honey Wheat | +\$2.00

Oven-roasted turkey breast topped with bacon, pepper jack cheese, roasted red peppers, lettuce, and chipotle mayonnaise.

# SALADS

All salads are served with freshly baked bread.

Your choice of Dressing:

- Signature Ranch
- Sesame Ginger
- Balsamic Vinaigrette
- BBQ Ranch
- Poppy Seed
- Apple Cider Vinaigrette
- Vidalia Onion
- Caesar
- Italian
- Bleu Cheese
- Greek
- Fat-Free Raspberry Vinaigrette

Add a: Cookie +\$1.50 • Cheesecake Dessert +\$2.50

Add a protein +\$4.00 • Chicken • Pulled Turkey • Tuna • Ham  
Add extra salad dressing +\$1.50 • Add extra cheese +\$1.50

## APPLE WALNUT | Poppy Seed | \$14.50

Fresh apples, candied walnuts, crumbled bacon, and mozzarella cheese on a crisp bed of salad greens. **Add grilled chicken +\$4.00**

## MANDARIN CHICKEN | Sesame Ginger | \$16.50

Tender chicken breast, mandarin oranges, and slivered almonds on top of fresh salad greens.

## STRAWBERRY GRILLED CHICKEN | \$16.50

Vidalia Onion

Grilled chicken breast, strawberries, and feta cheese make this a sweet and savory favorite.

## CRANBERRY BLEU | Poppy Seed | \$14.50

Salad greens topped with tangy cranberries, crumbled bleu cheese, and candied walnuts. **Add grilled chicken +\$4.00**

## PEAR & GOAT CHEESE | \$14.50

Fresh salad greens topped with sweet pears, goat cheese, and candied walnuts. **Add grilled chicken +\$4.00**

## CAESAR | Caesar | \$11.50

Garden fresh romaine lettuce, cucumbers, tomatoes, parmesan cheese, and croutons. **Add grilled chicken +\$4.00**

## CLASSIC COBB | \$16.50

Grilled chicken with bacon, hardboiled egg, and bleu cheese crumbles on fresh salad greens.

## CHEF SALAD | \$14.50

Oven-roasted turkey, cured ham, and hardboiled egg with jack & cheddar cheese on crisp salad greens.

## SOUTHWEST CHICKEN | BBQ Ranch | \$16.50

Grilled chicken, corn, black beans, tortilla strips, cheddar cheese, and avocado on top of fresh salad greens.

## WALDORF SALAD | Apple Cider Vinaigrette | \$16.50

Tender chicken breast, apples, grapes, dried cranberries, candied walnuts, and feta cheese on top of fresh salad greens.

## THE "SALAD" SALAD | \$14.50

Fresh green salad topped with your choice of:

Chicken Salad • Tuna Salad • Buffalo Chicken Salad • Chicken Bacon Ranch Salad

## GARDEN VEGETABLE | \$11.50

Lettuce greens with garden vegetables.

## SUPERFOOD | Raspberry Vinaigrette | \$14.50

A super antioxidant mix of kale, baby spinach, and red cabbage, topped with dried cranberries, raspberries, almonds, and feta cheese. **Add grilled chicken +\$4.00**

## **NEW** ALOHA SALAD | Poppy Seed | \$14.50

Grilled chicken, fresh pineapple, mandarin oranges, toasted coconut, and almonds on a bed of fresh salad greens.

## **NEW** KETO SALAD | Bleu Cheese | \$16.50

Kale and spinach mix topped with chicken, hardboiled egg, avocado, and bleu cheese crumbles..

## **NEW** CAPREASER SALAD | Balsamic Vinaigrette | \$16.50

A Caprese/Caesar salad combination. Fresh mozzarella cheese, sliced tomatoes, olives and cucumbers with basil on a bed of crisp romaine lettuce.

# HOMESTYLE SOUP

Served with our freshly baked bread. Add a bread bowl +\$1.00

## BROCCOLI CHEDDAR

TOMATO BASIL w/ cheese

## OLD FASHIONED CHICKEN NOODLE

AMY'S SPECIAL RECIPE CHILI w/ cheese

BAJA TORTILLA SOUP w/ cheese & chips (in lieu of bread)

CUP \$6.00 | BOWL \$8.00 | QUART \$15.00

# BAKERY & SIDES

## FRESH BAKED BREADS

Honey Wheat • 13-Grain • Sourdough

\$6.00

HONEY BUTTER 6 oz.

\$3.50

BROWNIE

\$2.50

COOKIE

\$2.50

ROCKSLIDE BROWNIE

\$4.00

LEMON BAR

\$4.00

APPLE CRUMB CAKE

\$4.00

SOUR CREAM CRANBERRY BAR

\$4.00

POTATO CHIPS

\$2.00

DELI SIDES 5.5 oz.

\$3.50

Pasta Salad • Potato Salad • Fruit • Carrot Chips • Frogeye Salad

# BEVERAGES

PREMIUM BEVERAGES (La Croix)

\$3.00

BOTTLED WATER

\$2.00

UNSWEET TEA (Gallon)

\$7.00

UNSWEET TEA (16 oz. bottle)

\$3.00

TENNESSWEET TEAS (16 oz. bottle)

\$4.00

TENNESSWEET TEAS (Gallon)

\$10.00

TENNESSWEET FRUIT TEAS (Gallon)

\$12.00

SOFT DRINKS (17 oz. bottle)

\$3.00

Delivery Charge - \$15.00

LARGE EVENTS • ORDER SAME DAY

Apple Spice begins taking orders at 8 a.m. We will always do our best to accommodate your needs, but it is a good idea to call early if you have a preferred delivery time. Order minimums may vary based on location. For nutritional information, wheat-free menu, and vegetarian options visit [AppleSpice.com](http://AppleSpice.com)

MINIMUM ORDER OF 6 LUNCHES

615-873-1661

APPLESPICE.COM

Fax: 615-864-7261 | Email: [Nashville@AppleSpice.com](mailto:Nashville@AppleSpice.com)

3656 Trousdale Drive, Suite 101, Nashville, TN 37204